

Q2									
(a)	1	(b)	2	(c)	4	(d)	1	(e)	3

Q3

色は情報を伝え、特定の気分を作り、人の意思決定に影響を与える。色彩心理学は、色がいかに人の気分や行動に影響するのか、また、色に対する反応に年齢や文化といった要因がいかに関与するのかについて研究している。色が人の感情や行動に及ぼす影響は、その人の個人的および状況的要因に左右されるため、今後は個人の好みや経験などの要因も含めた科学研究が必要である。

[171 字]

Q4

When I was a high school student, I decided to stop using my smartphone in the evenings, and this has become an important habit. Instead of doing my homework, I used to watch YouTube and post on Twitter or Instagram. Sometimes, I would stay up past midnight. When I woke up, I felt tired, depressed, and I often had a headache. I also began missing many assignments and performing poorly in school. Because of this, I made a rule to stop using my phone after 7 p.m., leaving it outside my room. Since then, I have felt much happier and healthier each morning. My grades have also improved, and I find that I can focus better on my work in the evenings. Honestly, I feel that I have more control over my life now. Overall, I have seen only positive effects from this decision and am happy with the change.

[150 words]