

**Q1**

(a)	1	(b)	3	(c)	3	(d)	2	(e)	2
-----	---	-----	---	-----	---	-----	---	-----	---

**Q2**

(a)	2	(b)	3	(c)	2	(d)	1	(e)	2
-----	---	-----	---	-----	---	-----	---	-----	---

**Q3**

芸術は脳に変化を起し、音楽やその他の経験に応じて神経細胞同士のつながりが形成されたり断たれたりする効果がある。音楽教育を受けた子どもは音に関わる脳の部位の働きが活発で、音をより速く効率的に処理でき、第二言語など音に基づく学習にも長けているとする研究結果がある。日常生活で歌う、絵を描く、友達と寸劇をすることに加え、芸術を見るだけでもこうした効果を得られる。

[179 字]

**Q4**

One thing I would change about my daily life is the amount of time I spend using my smartphone. I often find myself scrolling through social media or watching short videos for hours, especially after school. At first, it feels relaxing, but later I realize I have wasted valuable time. If I could reduce my screen time, I would have more time to study, read books, or even go for a walk. I believe this change would help me feel more productive and focused. Also, it might improve my sleep, because I often use my phone late at night. Although I think it will be difficult to break this habit, I want to try setting a time limit for smartphone use and find other fun ways to relax. I think this change would make my daily life healthier and more meaningful.

[141 words]