

Pre-Entrance Orientation
English Department
Meiji Gakuin University

25 things effective English learners do at university (and you should do, too!)

Build your college learning skills

1. Time management
2. Build study skills the first year
3. Find your resources
4. Develop study habits
5. Go beyond class

Understand high school and university study are different

6. Competitive versus cooperative
7. Test-based versus Performance-based
8. Teacher centered versus Student centered
9. Passive learning versus Active learning
10. Class work more versus Homework more

Habits of effective English learners

11. Daily input/output
12. Make it a pleasure
13. Be active
14. Think in English
15. Make English part of you

What the best college students do to learn English

16. Join English activities
17. Become part-time English teacher
18. Use English in the real world
19. Be creative
20. Study abroad

College life

21. Make friends
22. Be careful of time-killers
23. Own your learning
24. Become a lifelong learner
25. Carpe diem (seize the day)

Recommended books : How to study

Cal Newport *How to Become a Straight-A Student: The Unconventional Strategies Real College Students Use to Score High While Studying Less* (Three Rivers Press 2006)

Cal Newport *How to Win at College: Surprising Secrets for Success from the Country's Top Students* (Three Rivers Press 2005)

Cynthia C Muchnick *The Everything Guide to Study Skills: Strategies, tips, and tools you need to succeed in school! (Everything®)* (Adams Media 2011)

Ken Bain *What the Best College Students Do* (Belknap Press: An Imprint of Harvard University Press 2012)

Ron Fry *How to Study: The Program That Has Helped Millions of Students Study Smarter, Not Harder: Ron Fry's How to Study Program* (Career Pr Inc 2016)

Ron Fry *Improve Your Reading* (Career Pr Inc 2000)

ティナ・シーリグ著・高遠裕子訳 『20歳のときに知っておきたかったこと スタンフォード大学集中講義』 (阪急コミュニケーションズ 2010)

山本史郎・森田修著 『英語力を鍛えたいなら、あえて訳す!』 (日本経済新聞出版社)

Recommended books : Basic introductions to Linguistics

- The Brain: A Very Short Introduction by Michael O'Shea
Linguistics: A Very Short Introduction by P. H. Matthews
Information: A Very Short Introduction by Luciano Floridi
Introducing Linguistics by R. L. Trask (Icon Books)
Aitchison's Linguistics by Jean Aitchison (Teach Yourself)
佐久間淳一・加藤重広・町田健著『言語学入門』（研究社）
斎藤純男著『言語学入門』（三省堂）
窪園晴夫著『数字とことばの不思議な話』（岩波書店）
窪園晴夫編（2019）『よくわかる言語学』（ミネルヴァ書房）
深澤俊昭著（2015）『英語の発音パーフェクト学習事典：英語の音声のすべてがここにある！改訂版』（アルク）
南條竹則著（2018）『英語とは何か』（インターナショナル新書）（集英社インターナショナル）
スティーブン・ピンカー著・椋田直子訳（1995）『言語を生み出す本能』[上下]（NHK ブックス）NHK 出版
マーク・C. ベイカー著・郡司 隆男訳（2010）『言語のレシピ：多様性にひそむ普遍性をもとめて』（岩波現代
文庫）岩波書店
福井直樹著（2012）『新・自然科学としての言語学—生成文法とは何か』（ちくま学芸文庫）筑摩書房

Recommended books

- Literary Theory: A Very Short Introduction by Jonathan Culler
English Literature: A Very Short Introduction by Jonathan Bate
Film: A Very Short Introduction by Michael Wood
Art Theory: A Very Short Introduction by Cynthia Freeland
上野千鶴子著（2022）『フェミニズムがひらいた道』（NHK 出版）
宮崎駿著（2011）『本へのとびら——岩波少年文庫を語る』（岩波新書）岩波書店

Recommended books : Basic introductions to British Literature

- 石塚久郎編（2014）『イギリス文学入門』（三修社）
松本朗編著（2019）『イギリス文学と映画』（三修社）
石原孝哉・市川仁編著（2018）『イギリス文学を旅する 60 章』（明石書店）
歴史の謎を探る会編（2012）『イギリスの歴史が2時間でわかる本』（河出書房新社）
新井潤美著（2016）『魅惑のヴィクトリア朝——アリスとホームズの英国文化』（NHK 新書）
Colin Joyce（2011）『*Let's England-A Foreign Correspondent Comes Home*』→（翻訳版）森田浩之 訳
『「イギリス社会」入門—日本人に伝えたい本当の英国』（NHK 出版新書）NHK 出版
平井正穂編（1990）『イギリス名詩選』（岩波文庫）
ジョージ・オーウェル著・山形 浩生訳（2017）『動物農場：新訳版』早川書房
ジェラルディン・マコックラン著・金原瑞人訳（2009）『シェイクスピア物語集—知っておきたい代表作 10』
偕成社
Michael Bond（2003）『*A Bear Called Paddington*』HarperCollins Children's Books

Recommended books : Basic introductions to American Literature

- 諏訪部浩一編（2013）『アメリカ文学入門』（三修社）
杉野健太郎（2019）『アメリカ文学と映画』（三修社）
藤井光（2016）『ターミナルから荒地へ：「アメリカ」なき時代のアメリカ文学』中央公論新社
亀井俊介・川本皓嗣 編（1993）『アメリカ名詩選』（岩波文庫）岩波書店
マーク・トウェイン著・西田実訳（2014）『ハックルベリー・フィンの冒険』[上下]（ワイド版岩波文庫）岩波書
店
メルヴィル著・八木敏雄 訳（2004）『白鯨』[上中下]（岩波文庫）岩波書店
スコット・フィッツジェラルド（2006）『グレート・ギャツビー』中央公論新社
J.D.Salinger（2018）『*The Catcher in the Rye*』Penguin
Paul Auster（2011）『*The New York Trilogy*』Faber and Faber

Recommended apps, websites, study English sites

We recommend these apps for studying. They help you a lot. Use the ones that work for you comfortably before you start at Meiji Gakuin!

E-book readers

These e-book readers are easy to use, and can be used on a Kindle reader, an iPad or your computer. These ebook readers are super-helpful to find and read books of all kinds. You can read on your cellphone, or tablet, laptop, or home desktop. These are two, but other ones are great too!

iBooks (Apple Books)

Kindle

Free Audiobooks

- <http://librivox.org/>
- <http://www.loyalbooks.com/>
- <http://freeclassicaudiobooks.com/>
- <http://www.gutenberg.org/browse/categories/1>

Study Abroad

- English Department Homepage
<http://english.meijigakuin.ac.jp/studentsarea/studyabroad.html>
- Study Abroad Information
<https://www.meijigakuin.ac.jp/international/information/>

Online Sites for Improving English

General sites

There are many sites that help you with your English. Find the site that works best for you and make it a habit! These are some of the best!

- Mikan での順パス単アプリ
This is made for Eiken as review, but really good for learning.
- Ted Talks with support lessons <https://ed.ted.com/>
- Polyglots This works well with your reading. <https://www.polyglots.net/>
- DuoLingo - interactive games and quizzes (<https://www.duolingo.com>)
- BBC Learning English - uses BBC videos and radio broadcasts
(<http://www.bbc.co.uk/learningenglish>)
- Core Vocabulary Builder NGSL-Builder
<https://itunes.apple.com/us/app/ngsl-builder/id892335804?mt=8>
- British Council - huge collection of resources (<http://learnenglish.britishcouncil.org>)
- Voice of America English - graded news content (<https://learningenglish.voanews.com>)

- iTunes University <http://www.apple.com/education/itunes-u/>

Other Educational sites in English

- <http://www.nfb.ca/>
- <http://www.ted.com/>
- <http://www.learnoutloud.com/Free-Audio-Video#directory>
- http://www.npr.org/rss/podcast/podcast_directory.php
- <http://www.podcastsinenglish.com/index.shtml>
- <http://www.rong-chang.com/listen.htm>
- <http://www.elllo.org/>

News and Speeches

- <http://www.npr.org/>
- <http://www.bbc.co.uk/radio/>
- <http://www.americanrhetoric.com/top100speechesall.html>
- <http://www.history.com/videos>
- パイリンガルニュース <https://learningenglish.voanews.com/>

TV Streaming for listening practice

- The best students all watch some TV program all the time in English! Start now watching without Japanese subtitles and you will build up your English skill. These shows are very good for spoken English. Try to listen with only English subtitles. Many are also available on YouTube. With English subtitles!
The best sites for English language listening: Netflix, Hulu, Amazon Prime
- Recommended shows from your *senpai*:
Modern Family, The Simpsons, Rick and Morty, Bob's Burger, The Big Bang Theory, Queer Eye, The Boss Baby, We Bare Bears, New Girl, The Office, Shameless, Black Mirror, The OC, Gossip Girl, Ugly Betty

Time Management Apps

- myHomework Student Planner <https://myhomeworkapp.com/>
This great app is pretty cheap and it helps you immensely to organize your time and keep working when you want to work, and relax when you are not working. It's like a second brain.
- StayFocusd
This app lets you block time-wasting websites so you can keep working. It has another app for your computer called "Freedom."
- Classtimetable
<https://classtimetable.app/>
Made for students, this app helps you organize your times and homework for all your classes.

Dictionaries and reference sites

There are MANY dictionaries, so find one that works well for you and get used to it. Try to get an English-English dictionary and a Thesaurus, too.

- Midori
Great English and Japanese dictionary. It gives good example sentences and you can input anything in 'romaji.' <http://midoriapp.com/>
- Weblio app
This finds everything for you in English, not just as a dictionary. <https://eje.weblio.jp/>
This mega-site has "normal" dictionaries, specialty dictionaries, translation dictionaries, single language dictionaries:

- <http://www.yourdictionary.com/>
- The two most basic and easy to use sites are:
 - <http://www.dictionary.com/>
 - <http://www.thesaurus.com/>
- This website covers over other websites and translates to English from Japanese (other language translation available, too):
 - <http://www.excite.co.jp/world/>
- More fun than a dictionary (Oxford has a fee for its real online dictionary), this has all manner of word-related activities, jokes, crosswords, quizzes, and a brief dictionary:
 - <http://www.askoxford.com/>
- This meta-search engine checks 500 online dictionaries: <http://www.onelook.com/>

Writing Reference site for papers

Purdue Online Writing Lab

https://owl.purdue.edu/owl/purdue_owl.html

Note-taking apps

You will need to take notes and keep track of many details. These apps help you remember what you need! Become familiar with them as they can help you a lot to stay organized.

- Evernote
 - This app lets you take notes easily and quickly. It has a photo function to. The best part is it connects to all your devices (computer, ipad, phone, everything). It automatically syncs your notes everywhere.
- Google Keep
 - Does the same as Evernote and connects to your Google account.
- One Note
 - You will get a One Note account at the university. What they do is let you store your files in "the cloud" so you can access your files from anywhere. You can also share files with friends or groups. It's a safe way to store your files so you will not lose them.
- Dropbox and Google Drive
 - These two apps are similar and help you to never lose your files and organize yourself.
- Scrivener
 - This is a great writing tool. It works like Word, but helps MUCH more to stay organized!
 - <https://www.literatureandlatte.com/scrivener/overview>

Computer programs

These are all programs that you will probably use at university, so if you can, become familiar with them and figure out how to use them. You will probably use them in your working life, too!

- Office
- OneDrive
- Word
- OneNote
- Excel
- Powerpoint

2022 年度 1 年次 時間割 (サンプル)

※ () 内は共通科目

	月	火	水	木	金
1	英語科教育研究 3	(コンピューターリテラシ ー 1)	(ボランティア学 1)	英語文章作成法 A	
2	(キリスト教の基礎 A)	(スポーツ方法学 1)	(ドイツ語 1)	(哲学 1)	
Lunch Break 12:30 – 13:30					
3	Reading A	アメリカ文学入門 イギリス文学入門		図書館 study	英文法 A
4	英語学入門	基礎演習 1	図書館 study	(ヨーロッパ語圏の文化 1)	Listening & Pronunciation A
5	図書館 study	図書館 study	図書館 study	Writing A	図書館 study
	Home study	Home study	Home study	Home study	

1. 9:15 – 10:45

2. 11:00 – 12:30

Lunch Break

3. 13:30 – 15:00

4. 15:15 – 16:45

5. 17:00 – 18:30